

Tri-County Office on Aging Lunch (TCOA) – Every Wednesday at 12:00p.m. \$4.00 donation. Paid to TCOA via Self-addressed Envelope – NO MONEY COLECTED AT SAM COREY SR. CENTER
Reservation required, by noon on Tuesday prior to the lunch you wish to attend (517) 887-1393

LUNCH MENU FOR THE MONTH

JANUARY 7 Pork Chop, Carrots, Cauliflower, Sliced Bread, Pineapple, Milk
JANUARY 14 Swiss Steak, Broccoli, Mashed Potatoes, Blueberry Muffin, Banana, Milk
JANUARY 21 Roast Turkey, Sweet Potatoes, Green Beans, Dinner Roll, Orange, Milk
JANUARY 28 Cube Steak, Green Beans, Carrots, Sliced Bread, Orange, Milk

HEALTH AND WELLNESS OPPORTUNITIES

Fitness Class Monday, Wednesday, Friday from 10:00-11:00a.m.
Exercise Tuesday, Thursday from 1:00-2:00pm
All Ages Zumba Every Monday Evening 6:00-7:00pm. \$7 drop in fee
Every Wednesday Evening 6:00-7:00pm. \$7 drop in fee

SPECIAL CLUBS AND PROGRAMS (Membership Dues are \$18 Annually – Not required for program participation)

Sam Corey Club Board Meeting – 2nd Tuesday at 11:00 a.m.

Blood Pressure Check-up – 1st Wednesday at 12:30p.m.

Bridge – Every Monday from 1:00-4:00p.m. Free. *Contact Rod Simonson*

Cash Bingo – 3rd Tuesday from 2:00-3:30p.m. Four cards for \$1.00. Money collected will be distributed as prizes.

Chair Volleyball - Every Thursday at 10am. Fun and social game.

Chess Club – 2nd & 4th Wednesday. Free play for socialization

Coffee Hour – 4th Saturday at 10:00a.m. Enjoy fresh coffee and conversation with fellow seniors. *Contact: Addie Mutch*

Cornhole - Every Wednesday following lunch in the exercise room at 1:00p.m

Crochet – Mondays from 1:00p.m. – 3:00p.m. & Thursdays from 10:00a.m. – 12:00p.m. *Contact Naomi Brown*

Euchre – Thursdays from 1:00-4:00 p.m. *Contact Donna Cortright*

Five (5) Crowns Card Game – 1st and 4th Friday at 12:30p.m.

Hand & Foot Card Game – 1st and 3rd Monday at 9:30am & 1st and 3rd Saturday at 10a.m.

Ingham County Genealogical Society – 2nd Thursday at 7:00p.m. *Contact: Audrey Martini*

Kiwanis Club Euchre – 2nd Friday at 6:30p.m. *Contact Ron Venner*

Knitting Group – Meets every Friday from 10:00a.m.–12:00p.m.

Line Dancing - \$3 Drop in per class, schedule varies by month. No prior dance experience needed

Murder Mystery Club – Complete and solve a mystery kit or series. 3rd or 4th Friday at 1:00 p.m. *See Calendar*

Music Jam Session – On Hold Until Spring 2026

Pinochle – 2nd and 4th Monday from 9:30a.m.-12:00p.m.

Quilters & Needle Work – 1st Saturday of the month from 10:00a.m. – 3:00p.m.

Reading Club – 2nd Tuesday from 2:00p.m. - 4:00p.m.

Rummicub – Weekly on Thursdays at 1:00 p.m.

Spinning Wheel Weavers – Fridays from 1:00p.m. – 3:00p.m. Bring your own wheel. *Contact: Sara Kanya*

Stamping Club – Meets 2nd and 4th Friday. Create unique cards and gifts. *Contact Jennifer Bastion*

76ers Book Discussion Group – Last Tuesday of the month from 12:00p.m.-2:30p.m.

Table Tennis– Thursdays at 4:00p.m. in the exercise room.

Weaver's Study Group – 3rd Saturday from 10:00a.m.-12:00p.m.