

**Tri-County Office on Aging Lunch (TCOA) – Every Wednesday at 12:00p.m. \$4.00 donation. Paid to TCOA via Self-addressed Envelope – NO MONEY COLECTED AT SAM COREY SR. CENTER**  
***Reservation required, by noon on Tuesday prior to the lunch you wish to attend (517) 887-1393***

#### **LUNCH MENU FOR THE MONTH**

**FEBRUARY 4** Roast Beef, New Potatoes, Carrots, Dinner Roll, Plums, Milk  
**FEBRUARY 11** Pork Roast, Broccoli, Wild Rice, Spinach Salad, Fresh Apple, Milk  
**FEBRUARY 18** Veggie Lasagna, Summer Squash, Stewed Tomatoes, Breadstick, Orange, Milk  
**FEBRUARY 25** Baked Spaghetti, Green Beans, Broccoli, Breadstick, Fresh Apple, Milk

#### **HEALTH AND WELLNESS OPPORTUNITIES**

**Fitness Class** Monday, Wednesday, Friday from 10:00-11:00a.m.  
**Exercise** Tuesday, Thursday from 1:00-2:00pm  
**All Ages Zumba** Every Monday Evening 6:00-7:00pm. \$7 drop in fee  
Every Wednesday Evening 6:00-7:00pm. \$7 drop in fee

#### **SPECIAL CLUBS AND PROGRAMS (Membership Dues are \$18 Annually – Not required for program participation)**

**Sam Corey Club Board Meeting – 2nd Tuesday at 11:00 a.m.**

**Blood Pressure Check-up** – 1st Wednesday at 12:30p.m.

**Bridge** – Every Monday from 1:00-4:00p.m. Free. *Contact Rod Simonson*

**Cash Bingo** – 3rd Tuesday from 2:00-3:30p.m. Four cards for \$1.00. Money collected will be distributed as prizes.

**Chair Volleyball** - Every Thursday at 10am. Fun and social game.

**Chess Club** – 2<sup>nd</sup> & 4<sup>th</sup> Wednesday. Free play for socialization

**Coffee Hour** – 4th Saturday at 10:00a.m. Enjoy fresh coffee and conversation with fellow seniors. *Contact: Addie Mutch*

**Cornhole** - Every Wednesday following lunch in the exercise room at 1:00p.m

**Crochet** – Mondays from 1:00p.m. – 3:00p.m. & Thursdays from 10:00a.m. – 12:00p.m. *Contact Naomi Brown*

**Euchre** – Thursdays from 1:00-4:00 p.m. *Contact Donna Cortright*

**Five (5) Crowns Card Game** – 1st and 4th Friday at 12:30p.m.

**Hand & Foot Card Game** – 1st and 3rd Monday at 9:30am & 1st and 3rd Saturday at 10a.m.

**Ingham County Genealogical Society** – 2nd Thursday at 7:00p.m. *Contact: Audrey Martini*

**Kiwanis Club Euchre** – 2nd Friday at 6:30p.m. *Contact Ron Venner*

**Knitting Group** – Meets every Friday from 10:00a.m.–12:00p.m.

**Line Dancing** - \$3 Drop in per class, schedule varies by month. No prior dance experience needed

**Murder Mystery Club** – Complete and solve a mystery kit or series. 3<sup>rd</sup> or 4<sup>th</sup> Friday at 1:00 p.m. *See Calendar*

**Music Jam Session – On Hold Until Spring 2026**

**Pinochle** – 2nd and 4th Monday from 9:30a.m.-12:00p.m.

**Quilters & Needle Work** – 1st Saturday of the month from 10:00a.m. – 3:00p.m.

**Reading Club** – 2nd Tuesday from 2:00p.m. - 4:00p.m.

**Rummicub** – Weekly on Thursdays at 1:00 p.m.

**Spinning Wheel Weavers** – Fridays from 1:00p.m. – 3:00p.m. Bring your own wheel. *Contact: Sara Kanya*

**Stamping Club** – Meets 2<sup>nd</sup> and 4<sup>th</sup> Friday. Create unique cards and gifts. *Contact Jennifer Bastion*

**76ers Book Discussion Group** – Last Tuesday of the month from 12:00p.m.-2:30p.m.

**Table Tennis**– Thursdays at 4:00p.m. in the exercise room.

**Weaver's Study Group** – 3rd Saturday from 10:00a.m.-12:00p.m.