

Tri-County Office on Aging Lunch (TCOA) – Every Wednesday at 12:00p.m. \$4.00 donation. Paid to TCOA via Self-addressed Envelope – NO MONEY COLECTED AT SAM COREY SR. CENTER
Reservation required, by noon on Tuesday prior to the lunch you wish to attend (517) 887-1393

LUNCH MENU FOR THE MONTH

MARCH 4 Beef & Mac, Cauliflower, Carrots, Biscuit, Pears, Milk
MARCH 11 Chicken & Dumplings, Green Beans, Broccoli, Dinner Roll, Applesauce, Milk
MARCH 18 Corned Beef, Cabbage/Carrots, New Potatoes, Sour Dough Bread, Applesauce, Milk
MARCH 25 Vegetable Lasagna, Summer Squash, Stewed Tomatoes, Breadstick, Orange, Milk

HEALTH AND WELLNESS OPPORTUNITIES

Fitness Class Monday, Wednesday, Friday from 10:00-11:00a.m.
Exercise Tuesday, Thursday from 1:00-2:00pm
All Ages Zumba Every Monday Evening 6:00-7:00pm. \$7 drop in fee
Every Wednesday Evening 6:00-7:00pm. \$7 drop in fee

SPECIAL CLUBS AND PROGRAMS (Membership Dues are \$18 Annually – Not required for program participation)

Sam Corey Club Board Meeting – 2nd Tuesday at 11:00 a.m.

Blood Pressure Check-up – 1st Wednesday at 12:30p.m.

Bridge – Every Monday from 1:00-4:00p.m. Free. *Contact Rod Simonson*

Cash Bingo – 3rd Tuesday from 2:00-3:30p.m. Four cards for \$1.00. Money collected will be distributed as prizes.

Chair Volleyball - Every Thursday at 10am. Fun and social game.

Chess Club – 2nd & 4th Wednesday. Free play for socialization

Coffee Hour – 4th Saturday at 10:00a.m. Enjoy fresh coffee and conversation with fellow seniors. *Contact: Addie Mutch*

Cornhole - Every Wednesday following lunch in the exercise room at 1:00p.m

Crochet – Mondays from 1:00p.m. – 3:00p.m. & Thursdays from 10:00a.m. – 12:00p.m. *Contact Naomi Brown*

Euchre – Thursdays from 1:00-4:00 p.m. *Contact Donna Cortright*

Five (5) Crowns Card Game – 1st and 4th Friday at 12:30p.m.

Hand & Foot Card Game – 1st and 3rd Monday at 9:30am & 1st and 3rd Saturday at 10a.m.

Ingham County Genealogical Society – 2nd Thursday at 7:00p.m. *Contact: Audrey Martini*

Kiwanis Club Euchre – 2nd Friday at 6:30p.m. *Contact Ron Venner*

Knitting Group – Meets every Friday from 10:00a.m.–12:00p.m.

Line Dancing - \$3 Drop in per class, schedule varies by month. No prior dance experience needed

Murder Mystery Club – Complete and solve a mystery kit or series. 3rd or 4th Friday at 1:00 p.m. *See Calendar*

Music Jam Session – On Hold Until Spring 2026

Pinochle – 2nd and 4th Monday from 9:30a.m.-12:00p.m.

Quilters & Needle Work – 1st Saturday of the month from 10:00a.m. – 3:00p.m.

Reading Club – 2nd Tuesday from 2:00p.m. - 4:00p.m.

Rummicub – Weekly on Thursdays at 1:00 p.m.

Spinning Wheel Weavers – Fridays from 1:00p.m. – 3:00p.m. Bring your own wheel. *Contact: Sara Kanya*

Stamping Club – Meets 2nd and 4th Friday. Create unique cards and gifts. *Contact Jennifer Bastion*

76ers Book Discussion Group – Last Tuesday of the month from 12:00p.m.-2:30p.m.

Table Tennis– Thursdays at 4:00p.m. in the exercise room.

Weaver's Study Group – 3rd Saturday from 10:00a.m.-12:00p.m.